

OFF ROAD RUN | 11ª EDIÇÃO | 12/11/2023



10K Feminino Geral



Coloc.	Núm.	Nome	Sx.	Idd.	Equipe	Tempo	Líquido
1	1150	ISABELE CARNEIRO	F	46	EZK TEAM	00:51:35	00:51:19
2	1052	CAMILA VIEIRA CHAIM	F	38	RAFINHA RUNNING	00:51:26	00:51:23
3	1030	CAMILA AMARAL RIBEIRO	F	33	EZK TEAM	00:51:38	00:51:33
4	1021	LUCIANA FIGUEIREDO	F	39	TORRES TRAIL RUN	00:51:44	00:51:41
5	1003	MARIA SOLEDAD OMAR	F	49	EZK TEAM	00:52:08	00:51:52
6	1173	FERNANDA PIRES	F	41		00:53:03	00:52:52
7	1062	CRISCIELLY LOHANE SOARES DE SOUZA	F	27	NIKITI RUN CLUB	00:56:14	00:56:09
8	1044	CAROLINA FERNANDES GUIMARAES	F	37	RF SPORTS	00:56:09	00:56:09
9	1047	MARIANA MENEZES	F	42	RF SPORTS	00:56:42	00:56:34
10	1076	ALESSANDRA PORTO DOS SANTOS	F	42	MP RUN	01:00:45	01:00:13
11	1154	RENATA APARECIDA DE OLIVEIRA NASCIMENTO	F	34	ANGRA RJ	01:00:49	01:00:30
12	1113	CHRISTIANE GOULART REIS	F	38	RUNNING FREE	01:02:01	01:00:53
13	1055	DANIEL BARBOSA MOREIRA	F	38	RAFINHA RUNNING	01:01:48	01:01:14
14	1130	JADE MYLENA DE OLIVEIRA MENDES	F	25		01:01:35	01:01:23
15	1120	ERICKA NENEU DA SILVA	F	21	INSTITUTO FERNANDA KELLER	01:01:50	01:01:25
16	1164	THAYNA FERREIRA SILVA	F	25		01:02:47	01:02:17
17	1054	DILMA LOPES VELHO TEIXEIRA	F	46	RAFINHA RUNNING	01:03:23	01:03:20
18	1031	CRISTIANE DE AZEVEDO OLIVEIRA RODRIGUES	F	37	EZK TEAM	01:05:00	01:04:32
19	1040	TAMARA DE SOUZA ZAO	F	31	EZK TEAM	01:05:00	01:04:41
20	1051	VANIA MIREYA MOYANO SALINAS TAVARES	F	47	RF SPORTS	01:05:20	01:05:10
21	1072	LILIANE PICANCO SIQUEIRA CAMPOS	F	47	RUN TEAM FISIOMASTER	01:05:33	01:05:23
22	1142	LINDALRA SALES DA CUNHA	F	53	GUARDA MUNICIPAL	01:05:39	01:05:29
23	1009	BIANCA DE OLIVEIRA ZANOTTA	F	59	TORRES TRAIL RUN	01:06:46	01:06:04
24	1098	ANA PAULA SOARES DE MENDONCA	F	29		01:07:45	01:07:06
25	1032	ADRIANA ROSADO	F	57	EZK TEAM	01:07:31	01:07:13
26	1075	MARIA EMILIA NIEMEYER	F	51	RUN TEAM FISIOMASTER	01:07:36	01:07:17
27	1097	ALINE ANASTACIO	F	39		01:08:40	01:07:49
28	1037	MICHELIA ALVES DO ROSARIO PINTO	F	45	EZK TEAM	01:08:48	01:08:21
29	1058	JASMINE DE MELLO FERAZ	F	29	RAFINHA RUNNING	01:09:17	01:08:29
30	1029	ANA CLAUDIA DA SILVA FERNANDES SOUZA	F	51	EZK TEAM	01:09:27	01:08:51
31	1039	SAMYA CHIEZA	F	42	EZK TEAM	01:10:08	01:09:32
32	1166	VANESSA GOULART REIS	F	34	RUNNING FREE	01:11:08	01:10:03
33	1042	ANA JULIA DE SOUZA XAVIER	F	22	RF SPORTS	01:11:00	01:10:18
34	1010	CRISTIANE DA SILVA DE M PINTO	F	53	TORRES TRAIL RUN	01:11:06	01:10:23
35	1059	MARIA CRISTINA RIBEIRO DE MELLO	F	63	RAFINHA RUNNING	01:11:27	01:10:40
36	1038	ERIKA DE OLIVEIRA ALVES	F	53	EZK TEAM	01:11:03	01:10:52
37	1007	ANA MARIA ALVES F NUNES	F	54	TORRES TRAIL RUN	01:12:32	01:11:46
38	1041	ALEXIA VIANNA GONCALVES	F	28	RF SPORTS	01:12:33	01:11:49
39	1111	CATHERINE BERANGER DE FARIAS MELLO	F	23		01:12:58	01:12:40
40	1015	HELENA REGINA M DE FREITAS	F	68	TORRES TRAIL RUN	01:13:34	01:12:49
41	1110	CAROLINA POMBO	F	49	CE3	01:13:52	01:13:14
42	1078	ELIZETE DOS SANTOS ASSUNCAO NASCIMENTO	F	53	VO2MAXIMO	01:16:20	01:15:22
43	1082	SUELLEN OLIVEIRA	F	35	FF SPORTS	01:16:17	01:15:23
44	1022	LUCIANA TAVARES PERDIGAO	F	48	TORRES TRAIL RUN	01:17:02	01:16:20
45	1006	ALINE ALVARENGA DA ROCHA	F	38	TORRES TRAIL RUN	01:17:02	01:16:22
46	1107	BRUNA ERRUBIDART	F	33		01:18:25	01:17:39
47	1178	DORI SOUTO	F	52	MP RUN	01:18:51	01:18:28
48	1080	MARIA FERNANDA DE MEDEIROS GUILHERME	F	42	FF SPORTS	01:19:32	01:18:57
49	1139	JULIANA RODRIGUES DE MOURA DE ALMEIDA	F	35	KRUELA BICICLANTO	01:19:46	01:19:00
50	1008	ANDREIA SILVARES NANCI	F	53	TORRES TRAIL RUN	01:20:32	01:19:52

51	1011	CRISTIANE DE ARAUJO ESTEVAO	F	44	TORRES TRAIL RUN	01:20:33	01:19:52
52	1061	BARBARA DE ALCANTARA REY	F	30	NIKITI RUN CLUB	01:20:55	01:20:03
53	1152	RAQUEL SANTOS CORREA BOM	F	37	RUNNING FREE	01:21:49	01:21:08
54	1026	TEREZA RAQUEL M FAGUNDES	F	46	TORRES TRAIL RUN	01:21:39	01:21:14
55	1179	SIMONE TANIKAWA	F	56	W FIBRA TELECOM	01:22:11	01:21:43
56	1086	LUCIANA DE MELLO LEITAO	F	50	RUNNERS OLD SCHOOL	01:22:56	01:22:31
57	1089	ANDREA BERTOLDI PEREIRA	F	53	GRUPO BRABOS E LOUCOS	01:24:45	01:24:32
58	1147	MIRIAN ANNECHINE MARCAL	F	29		01:25:23	01:24:57
59	1115	CLEUSA RIBEIRO DOS SANTOS	F	68		01:25:39	01:25:15
60	1067	HELLEN CRISTINA DE FREITAS AZEVEDO	F	46	GUARDA MUNICIPAL DE NITEROI	01:27:43	01:26:53
61	1077	PATRICIA FONTOURA DE CARVALHO	F	43	MP RUN	01:31:14	01:30:41
62	1175	TATIANY MARIA DA SILVA OLIVEIRA	F	41	EZK TEAM	01:32:09	01:31:41
63	1121	FATIMA SEABRA ESCANHO	F	64		01:34:50	01:33:57
64	1129	ISABEL CRISTINA FONSECA DA CRUZ	F	64	TREINO A 2	01:37:55	01:37:01
65	1145	MARCIA EMMERICK DE SOUZA GUIMARAES	F	51	MARCIA EMMERICK	01:37:55	01:37:01
66	1128	ILMA DIAS DE MELO SILVA	F	59		01:38:14	01:37:09
-	1148	PATRICIA DE BARCELOS CUNHA TRANCOSO	F	50	AMIGAS QUE A CORRIDA ME DEU	OUTSIDE TIME LIMIT	