



Resultado Oficial
20 de março de 2022
Público Geral - 5K Feminino Categorias



JUNIOR [15-19 anos]

Coloc.	Núm.	Atleta	Idd.	Equipe	Tempo Bruto	Tempo Líquido
1	5357	MARIA LUIZA CRUZ LASSANCE CABRAL	17	EZK TEAM	00:38:29	00:38:02
2	5073	LIVIA DELMONDES CARIUZ	18	ASSIST	00:48:57	00:48:35

OPEN [20-29 anos]

Coloc.	Núm.	Atleta	Idd.	Equipe	Tempo Bruto	Tempo Líquido
1	5245	MILLENA MARCOLINO NEVES	24	FERNANDA KELLER	00:23:38	00:23:31
2	5166	DIANE TORRES DE MOURA CARMO	26		00:26:28	00:26:19
3	5213	LARA VITORIA DE ALMEIDA FERREIRA	22		00:34:32	00:34:14
4	5279	THAMYRES CAMARINHA KALIL REYNIER	28		00:35:24	00:35:15
5	5010	AMANDA BAPTISTA DOS SANTOS CAMPOS	21	ASSIST	00:35:47	00:35:26
6	5366	YLA GRAZIELLY FOGASSA HADDAD	27	ATRION	00:41:40	00:41:08
7	2213	ELIZA CRISTINA AGUIAR DE MEDEIROS	27	ATRION	00:46:22	00:45:53

ADULTO [30-39 anos]

Coloc.	Núm.	Atleta	Idd.	Equipe	Tempo Bruto	Tempo Líquido
1	5136	AMANDA DA SILVA GONCALVES	36		00:23:08	00:23:05
2	5315	JULIANA BRITO BIHEL	37	REGYS LOUZADA HEALTH RUNNING	00:24:36	00:24:34
3	5155	CHRISTIANE SILVA	33	MQ ASSESSORIA ESPORTIVA	00:25:04	00:25:04
4	5196	JANIELY DA SILVA BEZERRA SCHEINER	30	NRC NIKITI RUN CLUB	00:25:30	00:25:14
5	5340	SARA CARREIRO ABRAHAO	31	SB RUN	00:26:52	00:26:33
6	5100	RITA TINOCO ARAUJO DE ANDRADE	38	ASSIST	00:27:58	00:27:51
7	5330	MARIANE MOREIRA COUTINHO	30	ETP	00:29:14	00:28:10
8	5238	MARIA FERNANDA ANDRADE DE AGUIAR	38	LUARECO ASSESSORIA ESPORTIVA	00:30:56	00:29:59
9	5299	CRISTIANE DE AZEVEDO OLIVEIRA RODRIGUES	36	EZK TEAM	00:31:03	00:30:36
10	5335	RENATA DA FONSECA MEDEIROS	32	ETP	00:31:36	00:31:30
11	5354	ERIKA ALVARENGA CORREA GOMES	35	EZK TEAM	00:32:11	00:31:41
12	5007	ALINE AZEVEDO DE VASCONCELOS	32	ASSIST	00:32:28	00:31:58
13	5257	RENATA CAMPOS ROSA	32	RENATA CAMPOS	00:32:51	00:32:38
14	5223	LUCIANE AUGUSTA ALVES LOPES	30		00:33:01	00:32:51
15	5276	SUELEN BARBOSA	36		00:34:37	00:33:52
16	5112	THAIS FREITAS MONTEIRO DE LIMA	32	ASSIST	00:34:18	00:34:06
17	5149	CAMILA LUNA DA SILVA	37		00:34:47	00:34:34
18	5074	LUANA ALVES SILVA FERREIRA	33	ASSIST	00:34:38	00:34:38
19	5258	RENATA FERREIRA A DE SALLES MAZARINO	35		00:35:46	00:35:46
20	5042	EVANIA FAUSTINO SILVA NUNES	38	ASSIST	00:36:16	00:35:53
21	5247	MONIQUE ERICA DE CASTRO RODRIGUES	34	JEFNIQUEANNA	00:36:31	00:36:20
22	5087	MONIQUE DOS SANTOS CHAVES MACHADO	32	ASSIST	00:37:33	00:36:45
23	5241	MARIANA OLIVEIRA PERES	34	GOMALDIVAS	00:38:40	00:37:22
24	5067	KELLY DA SILVA ROCHA	35	ASSIST	00:38:16	00:38:16
25	5200	JHULIANE FERNANDES DE SOUZA	31		00:39:24	00:38:49
26	5031	DANIELLE DA SILVA ALMEIDA	33	ASSIST	00:40:07	00:39:50
27	5218	LUANA PEREIRA MARQUES PINTO	34		00:41:46	00:40:03
28	5292	ANDREZA ALVES MACHADO PINTO	35		00:40:10	00:40:10
29	2212	JESSICA DUHAU	32	ATRION	00:40:29	00:40:29
30	5063	JOYCE ARAGAO DA SILVA	33	ASSIST	00:41:32	00:41:01
31	5365	LUDMILA NAVARRO DE ANDRADE JEOLAS	37	ATRION	00:41:32	00:41:01
32	5360	SHEILA PEREIRA ALECRIM DE ARAUJO	34	CAIXA BENEFICENTE	00:41:16	00:41:05
33	5184	GABRIELA SANTOS FARIA	34	EQUIPE ALFA	00:43:19	00:42:12
34	5273	SIMONE NAEGELE	39		00:45:39	00:45:04
35	5344	SUMARA FARIA CHAVES	35		00:47:48	00:47:48

36	5317	LARA REZENDE BRAGA	32	SB RUN	00:49:42	00:48:14
37	5109	SUELEN MENDES DE PAULA	35	ASSIST	00:49:27	00:48:32
38	5056	JANAINA GONCALVES RODRIGUES	37	ASSIST	00:51:06	00:50:42
39	5094	PRISCILLA SOARES DA CUNHA	34	ASSIST	00:52:42	00:52:10
40	5021	CARLA VANIELLE PEREIRA DA SILVA	35	ASSIST	00:53:17	00:52:16
41	5148	CAMILA DE SOUZA RIBEIRO	30	VERMELHO	00:53:35	00:53:35
42	5110	TALITA BUENO RODRIGUES DOMINGOS	30	ASSIST	00:54:34	00:54:24
43	5164	DEBORA LIMEIRA DA SILVA	37	GUSTAVO SIMAO	00:55:24	00:55:08
MASTER [40-49 anos]						
Coloc.	Núm.	Atleta	Idd.	Equipe	Tempo Bruto	Tempo Líquido
1	5300	CRISTIANE DIAS PONTES DA SILVA	48	FUZILEIROS NAVAIS / MARINHA DO BRASIL	00:22:09	00:22:07
2	5316	KARINI T R MADEIRA	40	EZK TEAM	00:24:14	00:24:07
3	5348	VIVIANE MELLO PIMENTEL	43		00:25:10	00:25:10
4	5272	SIMONE DA COSTA CRUZ SILVA	40		00:26:27	00:26:25
5	5101	ROBERTA RANGEL DE ARAUJO SA FARIAS	40	ASSIST	00:26:32	00:26:27
6	5051	IANE SILVA BONIFACIO	41	ASSIST	00:29:13	00:28:28
7	5331	MIRIA ESTEVES DOS SANTOS	40		00:29:59	00:29:29
8	5328	MARGARETE DO NASCIMENTO DE MELLO	47		00:30:24	00:29:33
9	5275	SOLANGE CUNHA	49	EZK TEAM	00:30:54	00:30:46
10	5336	RENATA OLIVEIRA FERREIRA	46		00:31:34	00:30:56
11	5290	ALDINEIDE VIANA DE SOUSA	42	ETP	00:32:22	00:31:26
12	5025	CATIA CILENE BARRETO DE JESUS	44	ASSIST	00:35:24	00:35:13
13	5141	ANA PAULA ROCHA	49		00:35:22	00:35:14
14	5140	ANA PAULA DE MORAES SILVA	41		00:38:09	00:37:23
15	5163	DEBORA GOMES DOS SANTOS	45		00:37:44	00:37:44
16	5064	JULIANA SANFILIPPO CASCARDO	40	ASSIST	00:38:07	00:37:48
17	5231	MARCIA SOUZA E SILVA SENRA	44		00:39:09	00:38:24
18	5138	ANA PAULA ANTUNES ABREU DOS SANTOS	40	GUARDA MUNICIPAL DE NITEROI	00:39:28	00:39:15
19	5102	ROCHELE PESTANA DA SILVA	49	ASSIST	00:40:36	00:39:39
20	5191	ILSAMAR SANTOS PEREIRA	45		00:40:37	00:39:55
21	5107	SHEILA SANTIAGO PEREIRA DO AMARAL	47	ASSIST	00:41:51	00:40:50
22	5093	PATRICIA RODRIGUES DO NASCIMENTO	45	ASSIST	00:42:15	00:41:37
23	5322	LUCIANA DA CUNHA RABELLO	46		00:43:08	00:42:00
24	5049	HENDRIKSIANNA DELMONDES CARIUZ	47	ASSIST	00:44:11	00:43:50
25	5261	ROBERTA DA COSTA ESCALEIRA	43		00:45:13	00:44:58
26	5291	ALINE GUIMARAES SOARES	40	ETP	00:48:07	00:46:55
27	5176	ENI FELIS	49	FELIS	00:47:17	00:47:08
28	5105	ROSANGELA CRUZ DA COSTA	43	ASSIST	00:50:01	00:49:31
29	5212	KELLY DA SILVA RODRIGUES	40		00:50:00	00:49:32
30	5224	LUCIEN LOPES DE LIMA	48		00:52:03	00:51:14
31	5077	LUCIANA TELES DA CUNHA E SILVA DE SOUZA	42	ASSIST	00:52:42	00:51:28
32	5262	ROBERTA GABRIELA DA SILVA GIRON	40	AMIGOS DO MAR	00:52:58	00:52:30
33	5029	CRISTIANE DA CONCEICAO PINHEIRO ALVES	46	ASSIST	00:58:36	00:58:13
34	5217	LUANA DA SILVA ABREU	42	LUANA	00:59:13	00:59:13
35	5044	FERNANDA DOLORES PINTO	43	ASSIST	01:02:19	01:01:05
SENIOR [50-59 anos]						
Coloc.	Núm.	Atleta	Idd.	Equipe	Tempo Bruto	Tempo Líquido
1	5288	ADRIANA SCHENKEL	52	EZK TEAM	00:26:54	00:26:47
2	5246	MONICA DE ALMEIDA CRUZ TENORIO	56	GUARDA MUNICIPAL DE NITEROI	00:31:27	00:31:23
3	5085	MARIA SILVANETE MODESTO	56	ASSIST	00:33:58	00:33:43
4	5132	ALEXANDRA DE OLIVEIRA BAPTISTA	51	GUARDA MUNICIPAL DE NITEROI	00:34:20	00:34:20
5	5194	JACQUELINE PAUL FROES	56		00:35:02	00:34:53
6	5099	RITA DE CASSIA DE JESUS MELO	57	ASSIST	00:39:53	00:37:11
7	5353	ELOA RANGEL HONAISER	52	EZK TEAM	00:38:29	00:37:59
8	2215	MARIANA CRUZ	50		00:38:29	00:38:01

9	5006	ALEXSANDRA SOUZA DA SILVA	51	ASSIST	00:38:34	00:38:08
10	5108	SIMONE MARIA BAPTISTA DOS SANTOS	50	ASSIST	00:39:07	00:38:45
11	5144	ANGELA AUKAR DE FREITAS FERNANDES	56		00:41:00	00:40:48
12	5280	VALERIA TEODORIO MOREIRA	52	GUARDA MUNICIPAL DE NITEROI	00:41:12	00:40:58
13	5284	VIVIANE LOPES BRASIL	59	SEAP	00:41:11	00:41:00
14	5232	MARCIA VALERIA MARTINS CHABY	59		00:42:40	00:42:28
15	5133	ALINNE LIMA TRIBUZY LOPES	51	EZK TEAM	00:43:35	00:43:26
16	5242	MARTA OLIVEIRA ALVES	54		00:45:45	00:44:38
17	5321	LIVIA GOIS DE CASTRO SARAIVA	55		00:45:49	00:45:30
18	5089	NAIDA OLIVEIRA DA SILVA	51	ASSIST	00:52:41	00:52:09
19	5055	IZALVINA SILVA DE MATTOS DE OLIVEIRA	50	ASSIST	00:56:49	00:56:21
20	5269	ROSIMERY SENNA DOS SANTOS SOARES	55		00:59:14	00:58:46

GRAND SENIOR [60 anos+]

Coloc.	Núm.	Atleta	Idd.	Equipe	Tempo Bruto	Tempo Líquido
1	5121	VITORINA MARIA DA CONCEICAO	78	ASSIST	00:29:14	00:28:50
2	5091	NILENE PEIXOTO MACEDO BUENO	62	ASSIST	00:31:01	00:30:48
3	5214	LEILANE TAUIL	69		00:31:10	00:31:03
4	5282	VILMA DE CARVALHO	62		00:34:20	00:33:55
5	5267	ROSE MARY PINHEIRO TRINDADE	67		00:35:53	00:35:50
6	5236	MARIA CELESTE FERREIRA ROSENHAYME	73		00:40:30	00:39:28
7	5104	RONILDA GABRIL DE JESUS VILLAR	63	ASSIST	00:40:06	00:39:55
8	5329	MARIA CELESTE YASSIN MARQUES LOUREIRO	76		00:43:56	00:43:47
9	5289	ALDARINA DA FONSECA MEDEIROS	61	ETP	00:45:13	00:45:05
10	5343	SILVANIA LIMA DE CASTRO SARAIVA	63		00:45:51	00:45:34
11	5158	DAISY LUCIDY DE AZEVEDO NICOLAU	69		00:50:01	00:49:02
12	5193	JACI GREGORIO DE JESUS	65	GUARDA MUNICIPAL DE NITEROI	00:54:54	00:54:39
13	5146	AURIMAR BAUNILHA DE ALMEIDA	62		00:55:11	00:54:41
14	5240	MARIA ROSA DE OLIVEIRA AGUIAR	67		00:58:47	00:57:49