

### Categoria OPEN (18-29 anos)

Class	Num	Nome	Idd	T. Bruto	T. Líquido	Equipe
1	1043	LUCAS FRANÇA GALVÃO DE CARVALHO	26	00:43:10	00:43:03	FF SPORTS
2	1029	MARCO ALEXANDRE MOREIRA SOARES	23	00:47:03	00:47:01	IMBUHY
3	1016	LEONARDO OLIBONI	27	00:47:35	00:47:25	EZK TEAM
4	1076	MATHEUS FRANCO TARDIN	26	00:49:02	00:48:48	VILLAS ROMANAS
5	1129	IGOR ROLAND MATHIAS	28	00:49:27	00:49:02	
6	1046	RENATO DA FONSECA VIEIRA	29	00:51:02	00:50:48	FF SPORTS
7	1132	RAFAEL LESSA	23	00:52:13	00:51:57	EZK TEAM
8	1093	JOÃO AUGUSTO GUIMARAES SARAIVA	22	00:53:41	00:53:28	ASPIRANTE ATIVO
9	1010	DOUGLAS TAVARES	24	00:55:06	00:55:06	EZK TEAM
10	1099	LEANDRO CORRÊA DOS SANTOS SILVA	28	00:58:04	00:57:57	
11	1050	CARLOS ALBERTO ROMANO DE OLIVEIRA	21	00:58:51	00:58:35	QUALITYFIT RUN
12	1085	ERIC VICENTE DA COSTA	27	01:12:14	01:11:45	

### Categoria ADULTO (30-39 anos)

Class	Num	Nome	Idd	T. Bruto	T. Líquido	Equipe
1	1054	CESAR CAZES	32	00:45:50	00:45:49	RAFINHA RUNNING
2	1055	EDUARDO VIANNA	30	00:45:57	00:45:57	RAFINHA RUNNING
3	1037	JOSE ALMIR DA MOTA SILVA	35	00:46:13	00:46:12	ROCINHA
4	1040	ALEXANDRE SAMPAIO DA CRUZ	30	00:46:28	00:46:14	FF SPORTS
5	1023	RAFAEL ROSENHAYME	39	00:47:06	00:46:50	EZK TEAM
6	1112	RAFAEL DE LIMA SILVA	36	00:48:56	00:48:42	
7	1097	JULIANO COLODETI DE HOLANDA	39	00:55:00	00:54:37	
8	1080	ALEXANDRE CASTRO MARQUES DOS SANTOS	38	00:55:20	00:54:55	TATU COM COBRA
9	1007	DANIEL GREGG	37	00:55:21	00:54:57	EZK TEAM
10	1049	ANGELO ZORZANELLI DA SILVA	37	00:57:28	00:57:13	QUALITYFIT RUN
11	1053	ANDRE BUONORA	39	00:58:41	00:58:38	RAFINHA RUNNING
12	1128	IGOR FONSECA SERRA	37	01:00:27	01:00:02	
13	1024	RODRIGO AIELLO	33	01:02:24	01:02:09	EZK TEAM
14	1048	ANDRE DURÃES PINTO	35	01:05:37	01:05:19	QUALITYFIT RUN
15	1052	GUALBERTO BICUDO NALDI	35	01:06:35	01:06:15	QUALITYFIT RUN
16	1110	PABLO NABARRETE BASTOS	38	01:14:33	01:14:11	
17	1101	LEONARDO R MADEIRA DA SILVA	35	01:15:53	01:15:35	
18	1084	BRUNO SODRÉ	32	01:19:03	01:18:59	
19	1114	RAFAEL PEREIRA CARNEIRO	35	01:28:22	01:27:54	TORRES TRAIL RUN
20	1103	MARCELO MORENO	38	01:30:09	01:29:42	
21	1113	RAFAEL DE OLIVEIRA VALADÃO	31	01:31:59	01:31:59	DIAS COACH

### Categoria MASTER (40-49 anos)

Class	Num	Nome	Idd	T. Bruto	T. Líquido	Equipe
1	1100	LEONARDO DE ALMEIDA TAVARES	41	00:43:06	00:43:05	PÉ CARIOCA
2	1130	MARCONS ANTONIO DA SILVA	45	00:43:56	00:43:56	MISSAN MECANICA
3	1077	WILLIAN FABRICIO DE OLIVEIRA	41	00:45:17	00:44:29	WOL EXTREME
4	1069	LENIO CORDEIRO DE SOUZA	48	00:44:35	00:44:35	
5	1111	PETRONIO MENDES DE SOUZA	45	00:46:58	00:46:56	
6	1017	LUCIO ESPINDOLA ROSA ESPINDOLA	49	00:49:48	00:49:33	EZK TEAM
7	1063	GEOVANI TAVARES DA COSTA	46	00:52:20	00:52:16	ETP
8	1014	JOÃO BRUNO SOARES DE MAGALHAES	41	00:55:01	00:54:45	EZK TEAM
9	1092	JESSE MARMO DE MORAES	44	00:55:12	00:54:53	BF SWIM
10	1083	ANTONIO DE PADUA DE CASTRO BARBOSA	47	00:59:07	00:58:49	EZK TEAM

11	1105	MARLO MARQUES ROSA	47	01:00:23	01:00:03	
12	1106	MAURO SÉRGIO NASCIMENTO SILVA	49	01:00:34	01:00:30	
13	1059	JOSÉ LEONARDO SARDENBERG	46	01:05:09	01:04:58	RAFINHA RUNNING
14	1081	ALEXSANDRO DUARTE BASILIO	44	01:05:46	01:05:32	ALEX CELULAR & INFORMÁTICA
15	1095	JOAO RODRIGO FEIJO	44	01:06:47	01:06:20	
16	1022	PAULO ROBERTO SCHENKEL DE CARVALHO	47	01:13:41	01:13:30	EZK TEAM
17	1119	WASHINGTON ROCHA FERNANDES	43	01:17:45	01:17:32	CORREMA
18	1018	MARCO AURELIO CATUNDA MARTINS	46	01:23:32	01:23:07	EZK TEAM

**Categoria SENIOR (50-59 anos)**

Class	Num	Nome	Idd	T. Bruto	T. Líquido	Equipe
1	1070	JORGE LUIZ RISPES DE SOUZA	52	00:45:12	00:45:12	
2	1087	FRANCISCO JOSE MONACO	53	00:46:00	00:45:59	PE CARIOCA
3	1039	MARCOS MANOEL DOS SANTOS	57	00:46:07	00:46:05	ROCINHA
4	1118	WALMIR SOARES AZEVEDO	53	00:46:52	00:46:52	CICLE ITAIPU
5	1033	GERSON DE ARAÚJO FREITAS	53	00:50:09	00:50:06	ROCINHA
6	1031	MILSON VARGAS RODRIGUES	51	00:50:16	00:50:14	IMBUHY
7	1003	ALEXANDRE BEZERRA	53	00:50:36	00:50:27	EZK TEAM
8	1094	JOÃO BATISTA DE LIMA SARAIVA	50	00:50:51	00:50:39	RESERVA ATIVA
9	1126	CARLOS EDUARDO NAEGELE	53	01:00:29	01:00:07	FC WORFIRE
10	1038	MARCOS ANTONIO PEREIRA DE SOUZA	57	01:01:37	01:01:26	ROCINHA
11	1086	FRANCISCO CHAGAS DE SOUSA	55	01:17:28	01:17:13	EU E O VENTO

**Categoria GRAND SENIOR (acima de 59 anos)**

Class	Num	Nome	Idd	T. Bruto	T. Líquido	Equipe
1	1064	CLÁUDIO FERREIRA DE ALMEIDA	62	00:47:28	00:47:26	AMIGOS DO GERICINÓ
2	1096	JOSÉ JORGE AFFONSO FILHO	72	01:01:52	01:01:47	AFFONSO
3	1134	JOSE VILELA	62	01:07:06	01:06:57	CE3
4	1068	LUIZ PAULO VIANNA	60	01:08:05	01:07:47	ACORUJA
5	1071	DILSON REIS	74	01:21:07	01:20:37	UNIMED LESTE FLUMINENSE
6	1036	JERÔNIMO BATISTA RAMOS	65	01:46:05	01:46:05	ROCINHA
7	1034	IVAN FRANCISCO DA SILVA	76	02:56:19	02:56:19	ROCINHA